

TOCMC LIFE GROUPS

Prayer and the Spiritual Disciplines - Releasing the Power to Overcome



PRAYER AND THE SPIRITUAL DISCIPLINES- RELEASING THE POWER TO OVERCOME

Join us for a deep dive into the weapons that the Lord has given to His people found in the Spiritual Disciplines! The spiritual disciplines, (Prayer · Fasting · Faith · Praise and Worship · Study and Memorization of God's Word · Giving · Renewal of the Mind · Serving · Control of the Tongue), are necessary elements designed by God to work the full power that is within us as children of the King. As a community of believers, we will delve deeper into the Spiritual Disciplines and develop the passion and faithfulness needed to overcome!

MEMBERSHIP CARE (OPEN TO MEN & WOMEN)

Membership Care is designed to address the members' emotional, mental and spiritual needs. The format is informal. The sessions serve as a platform to discuss life's challenges, triumphs, errors, temptations, regression and progression. It's group therapy in a safe space! We discuss topics such as sexual immorality, alcohol/drug abuse, domestic violence, verbal abuse, low self-esteem, jealousy, peer pressure, grief, etc. All participants are expected to maintain confidentiality at all cost.

If you desire a place to openly discuss the issues of life that challenge and concern you, please come and be a part!



CHRISTIAN LIVING

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Our Christian Living life group sessions are about ordinary people being transformed by an extraordinary God through the practical application of His Word.

We admonish every member to recognize that each day of our lives we are presented with choices. Will you choose life or death, blessings or curses?

Our foundational scripture is Colossians 2:6-7, where our desire is to grow deeply rooted in Christ as we become not only hearers, but doers of His Word.

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IRON MEN—MEN'S GROUP

There is a strengthening and a sharpening that men can only experience in the presence of other Godly men. Join us for our men's life group, Iron Men, on Wednesdays at 7:30 p.m. You must be 18 and older to attend. Visitors are welcome to be a part. Sessions are led by Bro. Herbert McKnight.

As iron sharpens iron, so a man sharpens the countenance of his friend. Proverbs 27:17 (NKJV)



FINANCIAL MANAGEMENT

It is possible to get out of debt! Credit cards, car loans, student loans, etc, will keep us in a cycle of paying way too much money for way too long. In this life group, we'll learn how to pay off debt fast, save more money, and build lasting wealth. This is your time! You've got this! Change your future today by joining our Financial Peace University (FPU) class.

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PARENTING 101: RAISING GODLY CHILDREN IN AN ADVERSE CULTURE

The purpose of the Parenting 101 life group is to equip our single parents with the wisdom needed to set their children aside for God's use and lead them to His path for their lives. As believers in Jesus Christ, Proverbs 22:6, instructs us to "train up a child in the way he should go: and when he is old, he won't depart from it." To "train" is an action word and it means to stimulate children to do good through words of guidance, discipline, and encouragement on the right path. This is a parent's main task, to receive a child as a charge from the Lord, and then to dedicate the child to God's ways.

THE MAT—A VICTORIOUS LIVING GROUP OF OVERCOMERS

The MAT life group will bring the followers of Jesus Christ together in a safe place to embark on a journey toward wholeness. We will help each other heal from the painful experiences of the past that try to hinder us from connecting with God, engaging with scripture, being in community, and ultimately, being who we were created to be in Christ. The goal is for the believer in Jesus to get to know, understand, and experience the power of transformation and healing. The foundational scriptures for this life group are found in Luke 5:18-25.

